

JUNE 2022 PROGRAMS

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply depending on program location. Please follow all current COVID guidelines: Mass.gov/COVID. For more information please email Brett Power, Visitor Services Supervisor, at [brett.power@mass.gov](mailto:brett.power@mass.gov).

**Saturdays  
& Sundays**      **CHRISTOPHER P. DUNNE VISITOR CENTER**  
**9:00 a.m.—3:00 p.m.**  
**177 Forest Street, Saugus**  
This rustic building is modelled after a hunting lodge which once stood on the land. Stop in to find historic photos, artifacts, and animals!

**June 5**      **STORIES IN STONE HIKE, 10:00 a.m.—12:00 p.m.**  
**Visitor Center, 177 Forest Street, Saugus**  
Breakheart has been shaped not only by nature but by the many people who have called it home. Join our park interpreter to uncover this history through the stone artifacts they left behind. This is a 2.5 mile moderate hike along rocky trails, with several stops. Best for adults and older children with a keen interest in history. *Meet outside the Visitor Center. Rain cancels.*

**June 12**      **GLACIAL GIANTS HIKE, 10:00 a.m.—12:00 p.m.**  
**Visitor Center, 177 Forest Street, Saugus**  
Countless clues to a glacial past dot the landscape. If one knows where to look, this hidden geologic history can be revealed. Join our park interpreter to better understand the natural processes that have shaped our world. This is a 1.8 mile moderate hike along rocky trails, with several stops. *Meet outside the Visitor Center. Rain cancels.*

**June 26**      **FOREST BATHING WALK, 10:00 a.m.—12:00 p.m.**  
**Camp Nihan Education Center**  
*Registration Required — email [brett.power@mass.gov](mailto:brett.power@mass.gov)*  
Come experience nature in new ways with the practice of forest bathing. This slow walk is designed to rest and restore the mind while strengthening our relationship to the natural world. Distance travelled will be under 1 mile and will be at a slower-than-usual-pace with many stops. *Meet outside the Visitor Center. Rain cancels.*

PROGRAMS CONTINUE ON REVERSE SIDE



coming events

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### PROGRAM CONTINUED

Tuesdays

#### **BREAKHEART BIRDING CLUB, 9:00—11:00 a.m.**

##### **Visitor Center, 177 Forest Street, Saugus**

Help our park interpreter identify and count the many different birds that visit Breakheart! Take part in this world wide project to document the distribution, abundance and movements of thousands of species. Binoculars encouraged but not necessary. First time birders welcome! Best for adults and older children. *Meet outside the Visitor center. Rain cancels.*

Saturday  
June 4

#### **OFF THE BEATEN PATH, 10:00 a.m.—12:00 p.m.**

##### **Visitor Center, 177 Forest Street, Saugus**

Join the Park Interpreter for this weekly hike! Each trip will highlight natural and historic features that make Breakheart unique. Hikes will range from 2—4 miles and travel on uneven and rocky terrain. Best for ages 8 and up. *Meet at the Visitor Center. Heavy rain cancels.*

Saturday  
June 11, 25

#### **FAMILY FISHING, 10:00—11:30 a.m.**

##### **Pearce Lake Beach**

Join our park interpreter for a drop-in fishing program! Learn how to fish, what fish live in our ponds, and how to catch and release responsibly. Bait and a handful of rods will be provided but feel free to bring your own gear and fish with us and share your tips! No license required if fishing in this program. Best Appropriate for children 5 years and up. *Meet at the left side of Pearce Lake Beach. Rain cancels.*

